What is claimed is:

1. A reversible handle assembly comprising:

a non-symmetrically shaped handle having first and second ends and first and second surfaces, the handle positionable in one of a left and right hand configuration for permitting the first and second surfaces to be optionally installed in an outwardly facing position.

2. The reversible handle assembly of claim 1, wherein each handle comprises:

at least one through aperture for receiving a threaded fastener there through.

3. The reversible handle assembly of claim 2, wherein each through aperture of the handle further comprises:

a countersink for inserting a head of the threaded fastener substantially flush with an outer surface of the handle.

- 4. The reversible handle assembly of claim 1, wherein the non-symmetrical handle includes a first substantially C-shaped portion with a substantially straight back portion, the C-shaped portion being integrally formed with a second portion arcuately oriented in the opposite direction with respect to the first portion.
- 5. The reversible handle assembly of claim 1 further comprising: at least one connecting post having first and second ends operable for spacing the handle apart from a mounting member.
- 6. The reversible handle assembly of claim 5, wherein the at least one post is internally threaded.

- 7. The reversible handle assembly of claim 6 further comprising: a threaded fastener extendable through the underside of the mounting member for threadingly engaging the post.
- 8. The reversible handle assembly of claim 5 further comprising: an internally threaded barrel nut positioned internally with respect the post.
- 9. The reversible handle assembly of claim 8 further comprising: a threaded fastener extendable through underside of the mounting member for threadingly engageing the barrel nut.
- 10. The reversible handle assembly of claim 5, wherein the mounting member is defined by one of either a door and an escutcheon plate.
 - 11. A reversible handle assembly comprising:

a non-symmetrically shaped handle having first and second ends and first and second surfaces, the handle positionable in one of a left and right hand configuration for permitting the first and second surfaces to be optionally installed in an outward facing position; and

an escutcheon plate have at least one post integrally exending therefrom for spacing the handle away from the escutcheon plate.

12. The reversible handle assembly of claim 11, wherein each handle comprises:

at least one through aperture for receiving a threaded fastener there through.

- 13. The reversible handle assembly of claim 11 further comprising: a threaded fastener extendable through the handle and post for attaching the handle and post to the escutcheon plate.
- 14. The reversible handle assembly of claim 11, wherein each through aperture of the handle further comprises:

a countersink for inserting a head of the threaded fastener substantially flush with an outer surface of the handle.

- 15. The reversible handle assembly of claim 11, wherein the non-symmetrical handle includes a first substantially C-shaped portion with a substantially straight back portion, the C-shaped portion being integrally formed with a second portion arcuately oriented in the opposite direction with respect to the first portion.
 - 16. A reversible handle assembly comprising:

a non-symmetrically shaped handle having first and second ends and first and second surfaces, the handle positionable in one of a left and right hand configuration for permitting the first and second surfaces to be optionally installed in an outwardly facing position.

17. The reversible handle assembly of claim 16, wherein each end of the handle comprises:

a through aperture for receiving a first threaded fastener therethrough.

18. The reversible handle assembly of claim 16 further comprising: an escutcheon plate; and

a pair of mounts extending from the escutcheon plate, the mounts having through apertures defining a longitudinal axis for inserting the ends of the handle therein.

- 19. The reversible handle assembly of claim 18, wherein the handle ends are positioned substantially flush with an outer wall of the mounts.
- 20. The reversible handle assembly of claim 18 further comprising: a threaded fastener extending through the mounts from the underside of the escutcheon plate for threadingly engaging the handle.
- 21. The reversible handle assembly of claim 18, wherein the longitudinal axis of the mounts are positioned substantially orthagonally with respect to a longitudinal axis of the escutcheon plate.
- 22. The reversible handle assembly of claim 18, wherein the longitudinal axis of the mounts are positioned substantially parallel with respect to a longitudinal axis of the escutcheon plate.
- 23. The reversible handle assembly of claim 18 further comprising: a set screw extending through a side of each mount for threadingly engaging into the end of the handle.
- 24. The reversible handle assembly of claim 1, wherein the non-symmetrical handle includes a first portion formed in an ovalized shape and a second substantially J-shaped portion integrally extending from the ovalized portion.
- 25. The reversible handle assembly of claim 1, wherein the non-symmetrical handle includes first and second portions formed in ovalized shapes and a third portion integrally extending between the first and second portions.

- 26. The reversible handle assembly of claim 1, wherein the non-symmetrical handle includes a plurality of substantially J-shaped members connectable with the escutcheon plate and a substantially linear member extending between the plurality of J-shaped members.
- 27. A rever sible handle for sliding patio doors and the like comprising:

a generally C-shaped but symmetrical handle portion having opposite ends and substantially identical opposite faces; and

means operatively associated with said opposite sides for mounting said handle on a door frame with either of said faces showing outwardly from said door.

- 28. A handle as defined in claim 27, wherein said faces are substantially flat and parallel.
- 29. A handle as defined in claim 27, wherein said faces are semicylindrical.